



**Karolinska  
Institutet**

## **6.2 Exposure-dependent sampling**

**exposure-enriched controls, counter-matching**

# Benefits of outcome-dependent sampling (case-control and extensions)

Large efficiency gains for rare outcome  
(3+ controls per case)

## For binary outcome

logistic regression gives valid estimate of population OR

Matched sets/pairs (e.g. discordant twins):

Valid OR from conditional logistic regression

## For time-to-event outcome:

matching on time and conditional logistic regression  
gives valid estimate of HR under proportional hazards

# Other outcome-dependent sampling case-cohort design (Lecture 6.1)

Selects a "subcohort" at baseline (to be used as the comparison group) and (usually) all cases during follow-up.

Efficiency similar to nested case-control (similar sample size)

## Analysis:

Weighted Cox regression

Weights = 1 for cases

= inverse of sampling fraction for non-cases

valid estimates of population HR and absolute risk

# Familiar exposure-dependent sampling



Some simple designs, for example:

Selection of the numbers of exposed and unexposed individuals (esp. where exposure is rare) in cross-sectional study or at baseline of cohort study

## Matched cohort design:

Frequency matching within confounder strata  
(matched pairs, 1:1 exposed:unexposed)

Especially useful for studies of rare exposure

› BMC Med. 2021 Nov 16;19(1):301. doi: 10.1186/s12916-021-02177-0.

# COVID-19 and risk of subsequent life-threatening secondary infections: a matched cohort study in UK Biobank

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From 445,845 UK Biobank participants, 5151 individuals with a positive test result or hospitalized with a diagnosis of COVID-19 were included in the exposed group.

For each exposed individual, up to 10 unexposed randomly selected matched individuals (n = 51,402).

Cox regression analysis

## Less familiar exposure-dependent sampling

.... where exposure-dependent sampling strategies incorporated into familiar design:

Two-stage sampling on a surrogate of exposure ✓

Exposure-enriched case-control

Exposure density sampling

Counter-matched nested case-control

# Exposure-enriched case-control design

Proposed for study of gene-environment interaction  
(high efficiency for skewed environmental exposure and rare gene)

**Idea:** over- (or under-) sample subjects with high/low exposure.

Does not need the prevalences required by two-stage design

Straightforward analysis, logistic regression

# Motivating Example

Huque et al. *Genetic Epidemiology*, 2016, 40(7), 570-578

Earlier case-control study in 23 villages in Bangladesh to investigate:

- dose-response of water arsenic levels with skin lesions
- interaction with genetic polymorphisms

Investigators had oversampled controls with low exposure (<50 $\mu$ g/l) to “overcome” skewed distribution of arsenic levels



## Recall from earlier lectures:

For cohort or cross-sectional data, logistic model is a "regression model" in the sense that X's can be fixed/chosen but Y random:

$$\text{We model } P[Y = 1] = \frac{e^{\alpha + \beta X}}{1 + e^{\alpha + \beta X}}$$

Can compute prevalence from  $\alpha$

But for case-control data, we are modelling

$P[Y = 1 \mid X]$  **conditional on being sampled**

$$= \frac{e^{\alpha^* + \beta X}}{1 + e^{\alpha^* + \beta X}} \quad \text{where } \alpha^* = \alpha + \log_e \frac{\pi_1}{\pi_0}$$

# Returning to the arsenic example

Y= case/control status, skin lesions

X= E (arsenic exposure: well-water and toenail levels)

G (genetic polymorphism in X-ray repair gene (XRCC1 Arg194Trp)

GE (interaction)

Assume population model:

$$\text{Logit } [Y = 1|E, G] = \alpha + \beta_E E + \beta_G G + \beta_{GE} GE$$

For the sampled data, the model is

$$\text{Logit } [Y = 1|E, G, S = 1] = \alpha^* + \beta_E E + \beta_G G + \beta_{GE} GE$$

where  $S=1$  depends on case/control status *and high/low exposure*

## Using Bayes Theorem as before..

$$\text{Logit } [Y = 1|E, G, S = 1] = \alpha + \log_e \frac{\pi_{1H}}{\pi_{0H}} + \beta_E E + \beta_G G + \beta_{GE} GE \text{ if } X \geq 50$$

$$\text{Logit } [Y = 1|E, G, S = 1] = \alpha + \log_e \frac{\pi_{1L}}{\pi_{0L}} + \beta_E E + \beta_G G + \beta_{GE} GE \text{ if } X < 50$$

Where the  $\pi_1$  and  $\pi_0$  terms are the case and control sampling probabilities, in the high  $\pi_{1H}$  and  $\pi_{0H}$  and low ( $\pi_{1L}$  and  $\pi_{0L}$ ) exposure groups.

So, using low exposure as reference, the model can be written:

$$\text{Logit } [Y = 1|E, G, S = 1] = \alpha^* + \beta_{HL} * I (E > 50) + \beta_E E + \beta_G G + \beta_{GE} GE$$

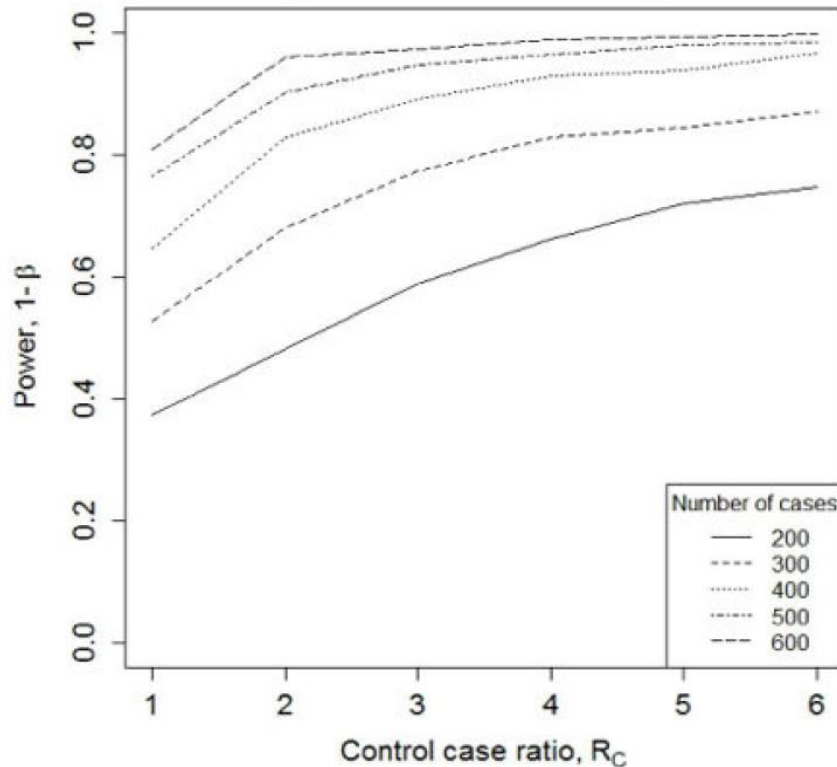
where  $\alpha^* = \alpha + \log_e \frac{\pi_{1L}}{\pi_{0L}}$  and  $\beta_{HL}$  is the difference  $\log_e \frac{\pi_{1H}}{\pi_{0H}} - \log_e \frac{\pi_{1L}}{\pi_{0L}}$

→ straightforward logistic regression!

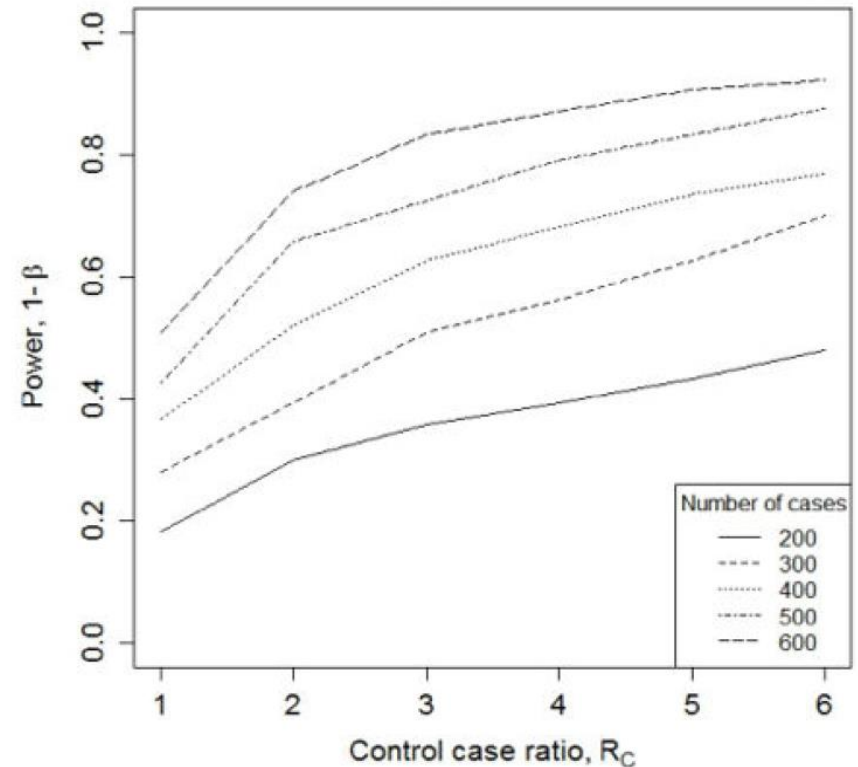
# Power of EECC depends on:

- Exposure distribution (asymmetry)
- Ratio of high to low exposed persons in the sample
- Case:control ratio
- gene frequency

3(a): Power associated with Control-case ratio for a given number of cases using EECC



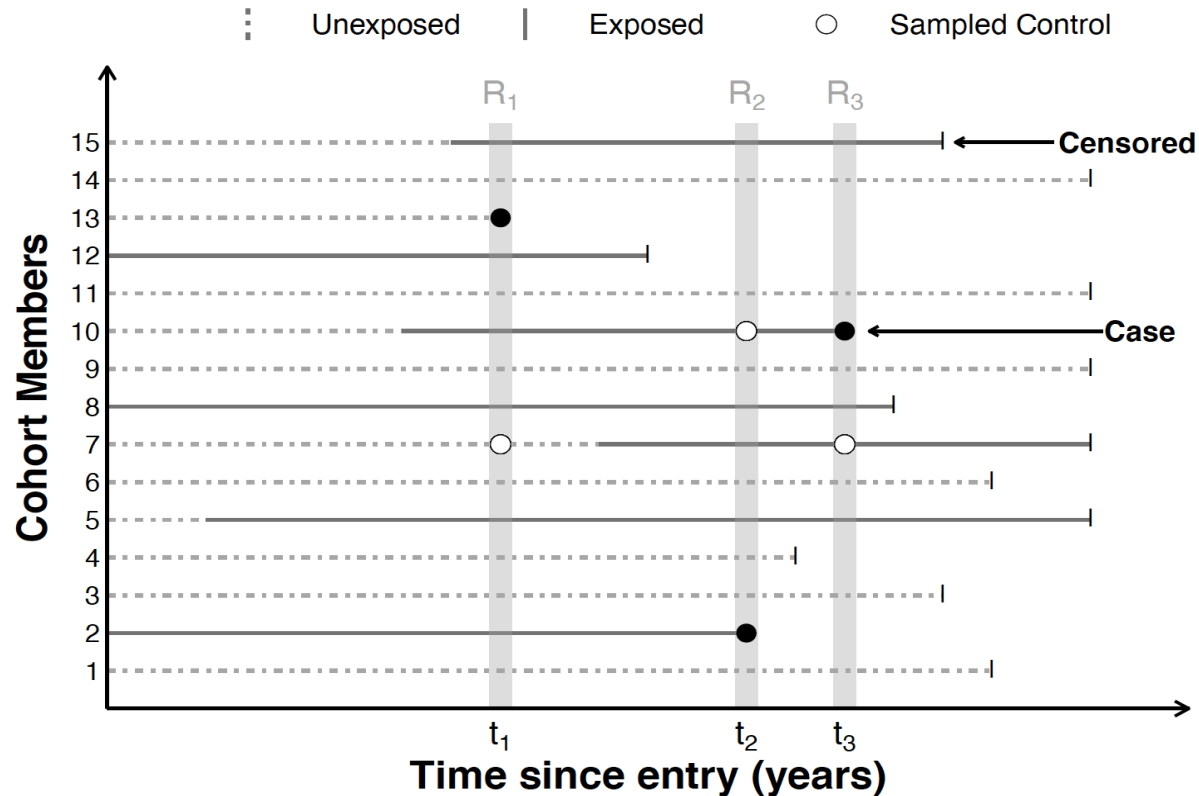
3(b): Power associated with Control-case ratio for a given number of cases using traditional case control design



# Exposure density sampling (for a time-dependent exposure)

Quick look at Cox model

# Time-dependent exposure

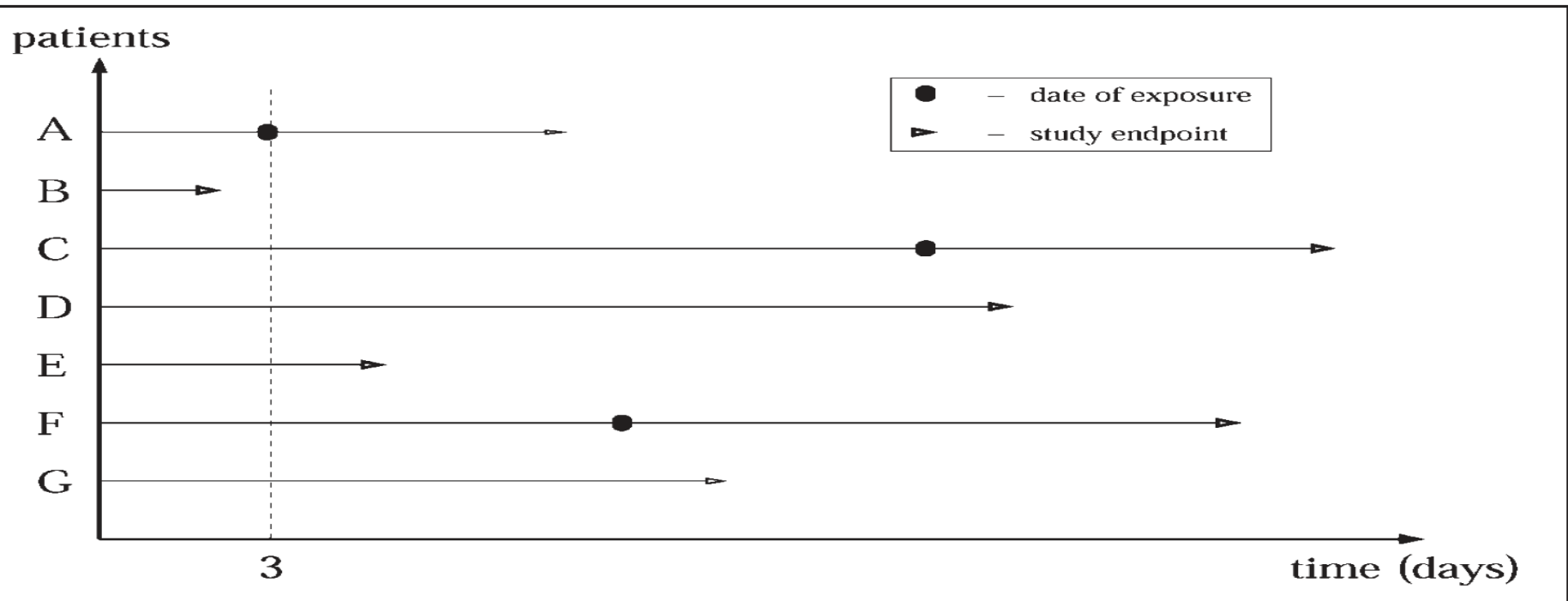


NCC sampling and conditional logistic regression:  
 HR for exposed (yes/no, level, duration) vs. unexposed

# Cohort approach: data gathered retrospectively

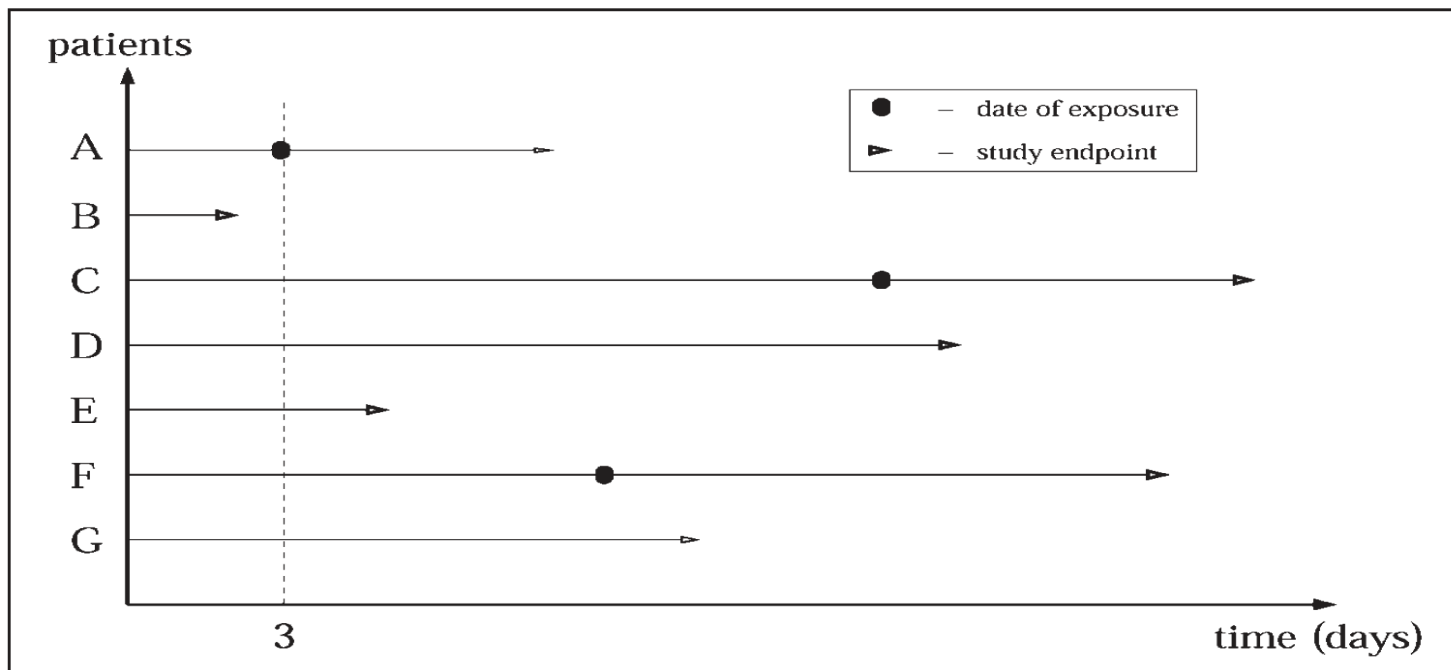


**Example:** association of length of hospital stay with exposures during the hospitalisation (e.g. nosocomial infection)\*.



**Fig. 1** Example for risk set sampling: For patient A, who gets exposed at day 3, patients C–G are suitable partners by using exposure density sampling whereas only patients D, E and G can be selected using matching for time to exposure.

\* *M Wolkewitz, J. Beyersmann, P Gastmeier, M. Schumacher. Meth Inf Med, 2009*



**Fig. 1** Example for risk set sampling: For patient A, who gets exposed at day 3, patients C–G are suitable partners by using exposure density sampling whereas only patients D, E and G can be selected using matching for time to exposure.

## “Matching on time to exposure”:

- For each exposed person, match unexposed persons who have been in hospital at least as long as the time-to-exposure
- selected from patients who remained unexposed throughout
- Cox regression (time zero = exposure/matched)

Common in hospital epidemiology



# Exposure density sampling

Same principle as incidence density sampling

unexposed can later become exposed

Removes the “time-dependent bias” (also called “survival bias”)

Standard Cox regression for time-dependent covariates  
(with robust variance)

## **Potential applications:**

Discontinuation of treatment in a cohort

Outcome after (waiting for) treatment in clinical cohort

# Countermatching

## Matching

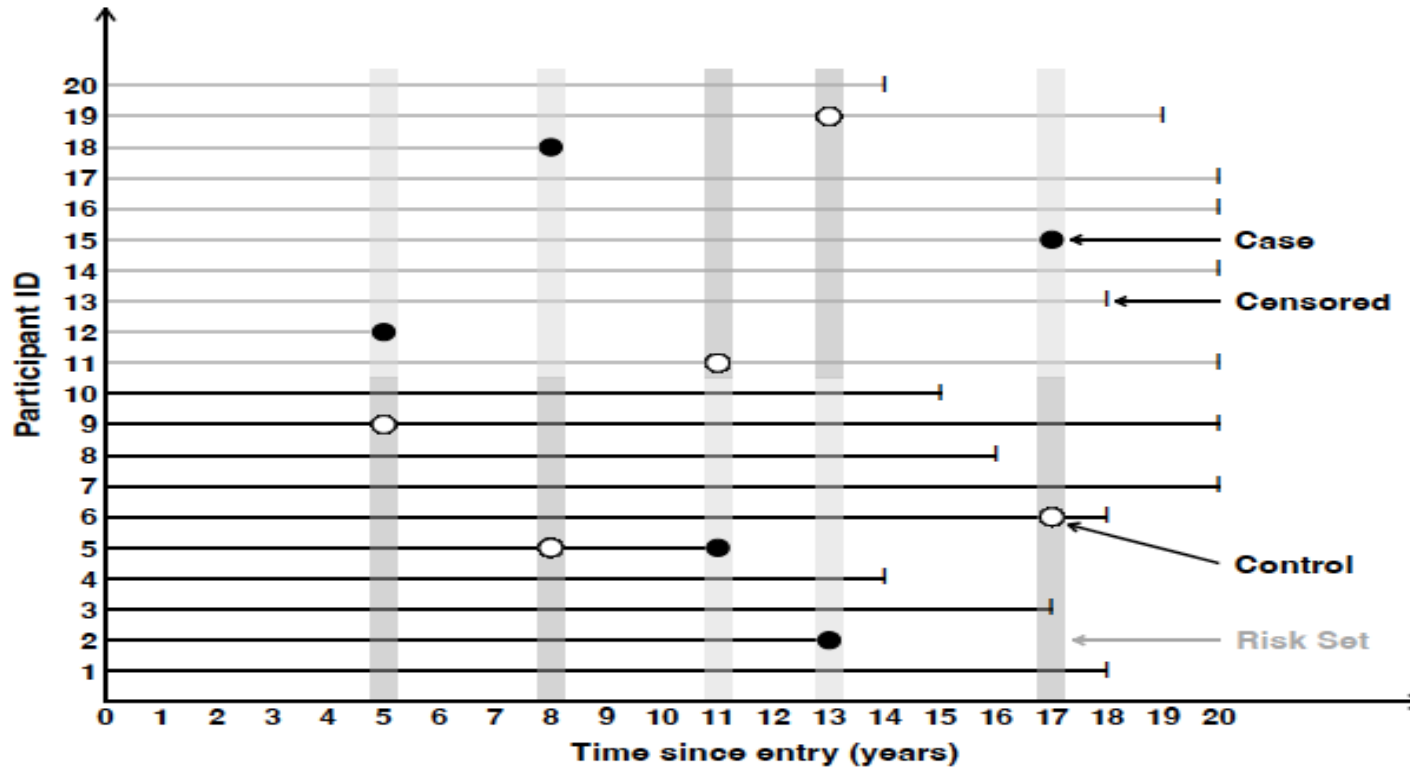
- Purpose: to make cases and controls as similar as possible
- Match on variables not of interest (confounders)
- The effect of the matching factor cannot be estimated by standard methods

## Countermatching\*

- Purpose: to make cases and controls as **different** as possible
- **Countermatch on exposure or surrogate of exposure**
- Wider range of exposure **improves precision**

*Langholz and Clayton, Env. Health Persp, 1994*

# 1:1 countermatching



Estimates obtained from **weighted conditional** likelihood

need risk set sizes in sampling strata in study base

## ”Counterintuitive matching?”

*Cologne*, commentary in *Epidemiology* 1997

..... still not widespread, despite:

good efficiency

ability to get estimates from standard software  
(weights, offset)

Custom R commands at

<https://github.com/nyilin/SamplingDesignTools>

data preparation not difficult

# Return to transfusions and post-partum VTE

966,070 deliveries, 472 cases of VTE within 6 weeks of delivery  
 1:5 NCC study had 84% of sets concordant for exposure!

	Cohort	1:5 NCC CLR	1:5 CM Weighted CLR
<b>RBC units:</b>			
1-2	2.53(1.57,4.07)	2.69(1.45,4.98)	2.60(1.61,4.20)
3-5	2.79(1.44,5.42)	3.06(1.17,8.03)	2.84(1.45,5.55)
>5	4.36(1.62,11.7)	3.65(0.87,15.3)	4.00(1.46,10.9)
Smoking	1.51(1.13,2.03)	1.42(1.01,2.01)	1.51(1.07,2.13)
Preeclampsia	2.50(1.79,3.48)	2.15(1.37,3.36)	1.94(1.29,2.93)

# Summary

- Many standard epidemiology designs can be made more efficient by exploiting **exposure-dependent** sampling.
  - Benefit in cost-efficiency for investment in design/analysis
  - Standard methods (some using re-weighting) provide valid cohort estimates
  - Greatest potential for savings where exposure information is costly (e.g. molecular/genetic studies)
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